



How to Create an Account

- Go to <https://healthier901.com/app/> or scan the QR code.
- Click **Create Account**.
- Enter your:
 - Name (First and Last)
 - Birthdate
 - Zip code
- Group code **Healthier901** – Type in Healthier901. No spaces, with a capital H.
- Click **Next**.
- Enter your email address.
- Choose a password.
- Click **Sign Up**.
- You will be asked to enter in your birthdate, gender, weight and height.
- You will see your customized Healthier 901 dashboard appear on your screen.



Want to download the app on your Android smartphone or Apple iPhone? Visit the Apple App Store or GooglePlay Store on Android and search for **MyHealthPlus**.

- Download the app.
- Once it has downloaded, enter the email address and password that you used to create your Healthier 901 account
- **Please note, you must register online before downloading the app.**

POWERED BY  **Methodist**SM
Le Bonheur Healthcare

