

Get a free health screening

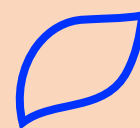
At the Wellness in Motion Tour



A free preventative health screening is heading your way

The Wellness in Motion Tour is coming to the **Healthier 901**.

Stop by for a free screening by Life Health or to speak to someone about your health or health care questions. No appointment necessary.



Location:
Shelby Farms Park
Visitor Center

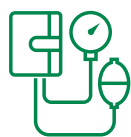
6903 Great View Dr
Memphis, TN 38120

Date: September 2, 2023
Time: 10:00am - 2:00pm
*Limited availability

FREE health screenings
available for those 18+

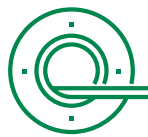


The Wellness in Motion Tour will offer:



Biometric Screenings

Blood pressure, cholesterol, blood sugar, BMI, health-coaching



Functional Fitness Test

Get a sense of your strength and flexibility



Health Coaching

Onsite health coaching to talk about your screening results and answer health-related questions