



# How to Download the App and Create an Account

- Open the **Apple App Store** or **Google Play Store** on your device.
- Search for **Healthier 901**.
- Begin download.
- Once the app has finished downloading on your device, open the app to create your account.\*
- Enter your:
  - Name (First and Last)
  - Date of Birth
  - Zip code
- Click **Next**.
- Enter your email and create your username and password.
- Click **Create My Account**.
- Confirm your date of birth, gender, weight and height.
- Click **Next**.



*\* Please note: If you previously downloaded the MyHealthPlus app, you will not need to create a new account. Simply log in using your existing username and password once you've completed the download of the new app.*

POWERED BY  **Methodist**<sup>SM</sup>  
Le Bonheur Healthcare

