

## JOIN THE HEALTHIER 901 SCHOOL CHALLENGE

Schools across Memphis-Shelby County Schools are joining the Healthier 901 movement powered by Methodist Le Bonheur Healthcare, challenging our community to shed one million pounds over the next three years. By partnering with local schools to kickstart the Healthier 901 School Challenge, we're creating a healthier, happier community one step at a time. In fact, the first school to reach 100% employee participation will be recognized as the healthiest school in the Mid-South and will will receive a trophy, special media and promotional mentions, and, of course, bragging rights!



Visit healthier901.com/schoolchallenge or scan the QR code to join the Healthier 901 School Challenge.

Thank you to our partners in health!











