



Get a free health screening

At the Wellness in Motion Tour

A free preventative health screening is heading your way. The Wellness in Motion Tour is coming to the Healthier 90I Fest.

Stop by for a free screening or to speak to someone about your health or health care questions. No appointment necessary.

Location: Shelby Farms Park
- Main Lawn



6903 Great View Drive North
Memphis, TN 38134

Date: August 31, 2024

Time: 10:00am - 2:00pm

FREE health screenings
available for those 18+

The Wellness in Motion Tour will offer:



Biometric Screenings

Receive measurements for blood pressure, cholesterol, and BMI

Onsite health coaching to talk about your screening results and answer health-related questions



Functional Fitness Testing

Get a sense of your strength and flexibility.