



RAMEN NOODLE SKILLET

INGREDIENTS

- 2 tsp vegetable oil
- 1 cup onion, chopped (about 1 medium onion)
- 1 carrot, chopped or sliced into small pieces
- 2 cups frozen broccoli stir-fry vegetable mixture
- 2 cups cooked meat or poultry, cut into bite-sized pieces
- 1 3-ounce package instant ramen noodles, broken into pieces
- 1 cup water

PREPARATION

1. Heat oil in a large skillet. Add onion and carrots and sauté until soft (about 5 minutes).
2. Add the broccoli and meat to the skillet. Stir and heat (about 2-3 minutes).
3. Add the noodle seasonings and water to the skillet and stir.
4. Add broken noodles to the skillet when the water simmers. Stir to moisten the noodles. Cover the skillet and cook until done (about 2 minutes). Serve immediately.

