



# Get a free health screening

## At the Wellness in Motion Tour

A free preventative health screening is heading your way. The Wellness in Motion Tour is coming to the Healthier 90I Fest.

Stop by for a free screening or to speak to someone about your health or health care questions. No appointment necessary.

**Location:** Healthier 90I Fest

Shelby Farms Park

6903 Great View Drive N  
Memphis, TN 38134

**Date:** August 30, 2025

**Time:** 10:00am - 2:00pm

FREE health screenings  
available for those 18+



## The Wellness in Motion Tour will offer:



### Biometric Screenings

Blood pressure, cholesterol, blood sugar, BMI, health-coaching.



### Functional Fitness Testing

Get a sense of your strength and flexibility.